

Children's Literature to Promote Social-Emotional Development in Preschool Aged Children



This list is a resource for educators and families of preschool aged children. It is organized according to topic areas taken from the Essential Learning Experiences for children in Prekindergarten programs.

It is not intended to be an exhaustive list of the books that support social emotional development of young children but a starting point from which to begin exploring.

<u>Developing Self Awareness</u>	
<i>Bearcub and Mama</i> by Sharon Jennings & Melanie Watt	<i>The FEEL GOOD Book</i> by Todd Parr
<i>Franklin in the Dark</i> by Paulette Bourgeois	<i>From Head to Toe</i> by Eric Carle
<i>Giraffes Can't Dance</i> by Giles Andreae and Guy Parker-Rees	<i>Green as a Bean</i> by Karla Kuskin
<i>ISH</i> by Peter Reynolds	<i>Is Your Mama a Llama?</i> by Deborah Guarino
<i>Omar on Ice</i> by Maryann Kovalski	<i>The Way I Act</i> by Steve Metzger

<u>Developing Self Worth</u>	
<i>All By Myself!</i> By Aiki	<i>Bearcub and Mama</i> by Sharon Jennings & Melanie Watt
<i>Brave Bear</i> by Kathy Mallat	<i>Dandelion</i> by Don Freeman
<i>The Dot</i> by Peter Reynolds	<i>Guess How Much I Love You</i> by Sam McBratney
<i>I Like Myself!</i> By Karen Beuamont illustrated by David Catrow	<i>The Important Book</i> by Margaret Wise Brown
<i>It's Okay to Be Different</i> by Todd Parr	<i>The Little Engine that Could</i> by Watty Piper
<i>Looking After Me</i> by Denise Lecoy	<i>Only One You</i> by Linda Kranz

Developing a Sense of Others

<i>Cat and Fish</i> by Joan Grant	<i>The Golden Rule</i> by Ilene Cooper
<i>Grumpy Bird</i> by Jeremy Tankard	<i>My Friend Isabelle</i> by Eliza Woloson
<i>Susan Laughs</i> by Jeanne Willis and Tony Ross	<i>The Very Cranky Bear</i> by Nick Bland
<i>You Be You</i> by Linda Kranz	

Developing a Sense of Belonging

<i>Cat and Fish</i> by Joan Grant	<i>It's Okay to Be Different</i> by Todd Parr
<i>The Most Perfect Spot</i> by Diane Goode	<i>One World, One Day</i> by Barbara Kerley
<i>Say Hello</i> by Jack and Michael Foreman	<i>Since We're Friends</i> by Celeste Shally and David Harrington
<i>Whoever You Are</i> by Mem Fox	

Seperating from Family Without Distress

<i>Bearcub and Mama</i> by Sharon Jennings & Melanie Watt	<i>Fred Stays with Me</i> by Nancy Coffelt
<i>Good Night Gorilla</i> by Peggy Rathman	<i>Good Night Moon</i> by Margaret Wise Brown
<i>The Hello, Goodbye Window</i> by Norton Juster	<i>How Do Dinosaurs Say Goodnight</i> by Jane Yolen
<i>I Love You All Day Long</i> by Francesca Rusackas	<i>The Kissing Hand</i> by Audrey Penn
<i>Llama Llama Misses Mama</i> by Anna Dewdney	<i>Owl Babies</i> by Martin Waddell
<i>Ten, Nine, Eight</i> by Molly Bang	<i>Time for Bed</i> by Mem Fox

Taking the Perspective of Others/Showing Empathy

<i>Bear Feels Sick</i> by Karma Wilson	<i>Duck! Rabbit!</i> by Amy Krouse Rosenthal and Tom Lichtenheld
<i>Effie</i> by Beverley Allison	<i>Have You Filled a Bucket Today?</i> by Carol McCloud
<i>It's Not Fair</i> by Anita Harper	<i>Knuffle Bunny</i> by Mo Willems
<i>The Little Red Hen</i> by Jerry Pinkney	<i>Puppies for Sale</i> by Dan Clark
<i>The Very Cranky Bear</i> by Nick Bland	<i>Yuck!</i> by Mick Manning

Identifying and Regulating Emotions

<i>Bearcub and Mama</i> by Sharon Jennings & Melanie Watt	<i>Bear Feels Scared</i> by Karma Wilson
<i>The Bravest Knight</i> by Mercer Mayer	<i>A Good Day</i> by Kevin Henkes
<i>How are You Peeling? Foods with Moods</i> by Saxton Freymann and Joost Elfers	<i>I Was So Mad</i> by Mercer Mayer
<i>Lots of Feelings</i> by Shelley Rotner	<i>My Many Colored Days</i> by Dr. Seuss
<i>Not Afraid of Dogs</i> by Susanna Pitzer	<i>On Monday When it Rained</i> by Cherryl Kachenmeister
<i>The Very Lonely Firefly</i> by Eric Carle	<i>The Way I Feel</i> by Janan Cain
<i>Wemberly Worried</i> by Kevin Henkes	

Interacting with Peers

<i>Corduroy</i> by Don Freeman	<i>Four Friends in Autumn</i> by Tomie dePoala
<i>How Do Dinosaurs Play with their Friends</i> by Jane Yolen and Mark Teague	<i>The Little Red Hen (Makes a Pizza)</i> by Philemon Sturges
<i>My Mouth is a Volcano</i> by Julia Cook	<i>The Quarreling Book</i> by Charlotte Zolotow
<i>Say Hello</i> by Jack Foreman	<i>So Shy</i> by Vicki Morrison
<i>That's What a Friend Is!</i> by P.K. Hallinan	<i>You Will Be My Friend!</i> by Peter Brown

Resolving Conflicts

<i>Don't Let the Pigeon Drive the Bus</i> by Mo Willems	<i>Duck! Rabbit!</i> by Amy Krouse Rosenthal
<i>Hats</i> by Kevin Luthardt	<i>I Call My Hand Gentle</i> by Amanda Haan
<i>I Can Dress Myself!</i> by Birte Muller	<i>It's Not Fair</i> by Anita Harper
<i>Mouse was Mad</i> by Linda Urban	<i>Russell the Sheep</i> by Rob Scotton
<i>What's the Magic Word?</i> by Kelly DiPucchio	

References

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Saskatchewan Ministry of Education. (2011). *Saskatchewan Additional Learning Resources Prekindergarten and Kindergarten*. Regina: Author.

Saskatchewan Ministry of Education. (n.d.). *Grow With Stories Library Staff Picks*. Retrieved from

<http://www.growwithstories.org/staff.php>.

	Self Awareness	Self Worth	Sense of Others	Sense of Belonging	Separating from Family	Perspective of Others	Emotions	Interacting with Peers	Resolving Conflicts
<i>All by Myself</i>		*							
<i>Bearcub and Mama</i>	*	*			*		*		
<i>Bear Feels Sick</i>						*			
<i>Bear Feels Scared</i>							*		
<i>Brave Bear</i>		*							
<i>The Bravest Knight</i>							*		
<i>Cat and Fish</i>			*	*					
<i>Corduroy</i>								*	
<i>Dandelion</i>		*							
<i>Don't Let the Pigeon Drive the Bus</i>									*
<i>The Dot</i>		*							
<i>Duck! Rabbit!</i>						*			*
<i>Effie</i>						*			
<i>The FEEL GOOD book</i>	*								
<i>Four Friends in Autumn</i>								*	
<i>Franklin in the Dark</i>	*								
<i>Fred Stays with Me</i>					*				
<i>From Head to Toe</i>	*								
<i>Giraffes Can't Dance</i>	*								
<i>The Golden Rule</i>			*						
<i>A Good Day</i>							*		
<i>Good Night Gorilla</i>					*				
<i>Good Night Moon</i>					*				
<i>Green as a Bean</i>	*								
<i>Grumpy Bird</i>			*						
<i>Guess How Much I Love You</i>		*							
<i>Hats</i>									*
<i>Have You Filled a Bucket Today?</i>						*			
<i>The Hello, Goodbye Window</i>					*				
<i>How Do Dinosaurs Play with their Friends</i>								*	
<i>How Do Dinosaurs Say Goodnight</i>					*				
<i>How are You Peeling? Foods with Moods</i>							*		
<i>I Call My Hand Gentle</i>									*
<i>I Can Dress Myself!</i>									*
<i>I Like Myself!</i>		*							
<i>I Love You All Day Long</i>					*				
<i>The Important Book</i>		*							
<i>Is Your Mama a Llama?</i>	*								
<i>ISH</i>	*								
<i>It's Not Fair</i>						*			*
<i>It's Okay to be Different</i>		*		*					
<i>I Was So Mad</i>							*		
<i>The Kissing Hand</i>					*				
<i>Knuffle Bunny</i>						*			
<i>Little Engine that Could</i>		*							
<i>The Little Red Hen</i>						*			
<i>The Little Red Hen (Makes a Pizza)</i>								*	
<i>Llama Llama Misses Mama</i>					*				
<i>Looking After Me</i>		*							

	Self Awareness	Self Worth	Sense of Others	Sense of Belonging	Separating from Family	Perspective of Others	Emotions	Interacting with Peers	Resolving Conflicts
<i>Lots of Feelings</i>							*		
<i>The Most Perfect Spot</i>				*					
<i>Mouse was Mad</i>									*
<i>My Friend Isabelle</i>			*						
<i>My Many Colored Days</i>							*		
<i>My Mouth is a Volcano</i>								*	
<i>Not Afraid of Dogs</i>							*		
<i>Omar on Ice</i>	*								
<i>On Monday When it Rained</i>							*		
<i>One World, One Day</i>				*					
<i>Only One You</i>		*							
<i>Owl Babies</i>					*				
<i>Puppies for Sale</i>						*			
<i>The Quarreling Book</i>								*	
<i>Russell the Sheep</i>									*
<i>Say Hello</i>				*				*	
<i>Since We're Friends</i>				*					
<i>So Shy</i>								*	
<i>Susan Laughs</i>			*						
<i>Ten, Nine, Eight</i>					*				
<i>That's What a Friend Is!</i>								*	
<i>Time for Bed</i>					*				
<i>The Very Cranky Bear</i>			*			*			
<i>The Very Lonely Firefly</i>							*		
<i>The Way I Act</i>	*								
<i>The Way I Feel</i>							*		
<i>Wemberly Worried</i>							*		
<i>What's the Magic Word?</i>									*
<i>Whoever You Are</i>				*					
<i>You Be You</i>			*						
<i>You Will Be My Friend!</i>								*	
<i>Yuck</i>						*			